

OBSERVANCE OF PREVENTIVE HEALTH CHECK UP CAMP AT ESICMH RAMDARBAR CHANDIGARH AND INDUSTRIAL CLUSTERS

The IPs/IW aged above 40 years of age were screened in preventive health check-up camp at ESICMH Chandigarh and Industrial clusters in the month of October 2024.

A preventive health check-up camp for identification of precancerous lesions, nutritional deficiencies and early diagnosis of lifestyle disorders and related diseases was organized at ESICMH Chandigarh. The camp was organized wherein a detailed health check up was done and basic investigations were advised. A small health talk was given to adopt measures for maintaining healthy lifestyle, to include healthy diet, yoga and regular exercise in daily routine to prevent diseases related to sedentary lifestyle.

A camp was organized at M/s Bhushan factory, Industrial area, Chandigarh where a detailed health check-up was conducted and basic investigations were advised. The IPs/IW were given the required consultation at the camp.



