



# Common Activities for Ministries/ Departments



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Maximum participation in the main IDY event on 21<sup>st</sup> June 2024

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Using social media platforms for dissemination of latest updates and information about IDY – common messaging

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Social Media posts of Ministry of Ayush may be shared by Ministries/Departments on their social media platforms

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IDY logo may be displayed and IDY related guidelines/digital resources may be uploaded on the Websites/ Portals of respective Ministries/Departments. Communication sent in this regard

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Ministries/Departments may sensitize their employees on CYP

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Ministries/Departments may encourage their employees to undertake regular training sessions being conducted by Morarji Desai National Institute of Yoga



## Common Activities for Ministries/Departments-2



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Employees may be encouraged for participation of their family members in the IDY activities

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Organizing Yoga-related activities such as online/offline lectures, workshops etc. by Yoga experts, ahead of IDY 2024

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Publishing Yoga and IDY-specific articles in official e-newsletter, bulletin, magazine etc

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Also to providing inputs to IDY-2024 Newsletter

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Participation in IDY activities organized on MyGov platform and MyBharat portal like quiz, competitions, video campaigns, etc.